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Curriculum Vitae
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PERSONAL INFORMATION	
Full name:	VASTAG (VLĂDUȚESCU) M. IRINA
Address:	Timișoara, Timiș County
Email:	irina.vastag@e-uvt.ro
Nationality:	Romanian
Driving licence:	Category B
WORK EXPERIENCE	
Dates (from – to):	15 October 2018 – Present
Name of employer:	"Banat" Inspectorate for Emergency Situations of Timiș County
Type of business or sector:	Psychology for Defence, Public Order and National Security, Traffic and Transport Psychology, Clinical Psychology
Occupation or position held:	- Specialist Officer I – Psychologist - Awareness-Raising Activities Manager for Project RORS 218 "Joint Monitoring of Emergency Risks in the Cross-Border Cooperation Area", funded under the INTERREG IPA Programme; financing agreement signed on 08/04/2022; funding secured: RON 6,602,019 - Responsible for reporting, monitoring and implementation of projects financed by European funds - Project "A More Secure Cross-Border Area by Enhancing the Emergency Response Capability", acronym RORS00005-COOP, under the INTERREG IPA CBC Romania–Serbia 2021–2027 Cross-Border Cooperation Programme; financing agreement signed on 01/03/2023; funding secured: RON 47,500,000 (project-team position: Implementation Officer); - Project "Energy Rehabilitation and Modernisation of the Headquarters of Timișoara Fire Station No. 2", National Recovery and Resilience Plan (NRRP), Component C5 – Renovation Wave, Operation B.1 – Integrated renovation (seismic strengthening and moderate energy renovation) of public buildings; - Project "Energy Renovation of the Headquarters of the Timiș Inspectorate for Emergency Situations", NRRP, Component C5 – Renovation Wave, Operation B.2 – Moderate or extensive energy renovation of public buildings; - Project RORS-218 (official title: "Romanian–Serbian Cross-Border Risk Monitoring in Case of Emergency Situations" – CBRM), funded by the INTERREG IPA Romania–Serbia Cross-Border Cooperation Programme, implemented from 15 April 2022 to 14 December 2023

Main activities and responsibilities:	(project-team position: Awareness-Raising Activities Manager); - Project ROHU 72 "Cross-Border Network for Disaster Resilience and Emergency Situations Risks Management" (CBN), INTERREG V-A Romania–Hungary 2014–2020; - Project RORS 283 "Sustainable Joint Network of the Emergency Situation in Banat", funded under the INTERREG IPA Programme; financing agreement signed on 29/07/2019; funding secured: RON 7,462,730 (project-team position: Implementation Officer). Psychological assessment of employed personnel (commissioned officers, non-commissioned officers, military warrant officers, voluntary soldiers and enlisted personnel, contract employees and civil servants); preventive, primary and rehabilitative psychological support for all staff; psychological preparedness training for emergency response personnel; organisational diagnosis and scientific research; periodic collection of information on ongoing and completed EU-funded project activities; checking and submitting all required documentation; monitoring adherence to project schedules and fulfilment of project activities; identifying errors or inconsistencies in information collected; requesting corrective action from the responsible implementation personnel and ensuring timely communication of accurate information; participation in project-team meetings.
Dates (from – to): Name of employer: Type of business or sector: Occupation or position held: Main activities and responsibilities:	September 2026 – present West University of Timișoara Education Teaching Assistant, Faculty of Sociology and Social Work, Department of Social Work. Teaching and research activities (Bachelor's and Master's degree programmes). Seminars: "Theories and Methods of Social Work Intervention (Groups and Communities)", "Theories and Methods of Social Work Intervention (Individuals and Families)", "Counselling in Social Work", "Introduction to Supervision in Social Work", "Contemporary Social Problems in Social Work", "Legal Foundations and Social Policies in the Military Sector", "Military Social Services from an Interdisciplinary Perspective", "Counselling in Military Social Work", "Protection of Classified Information", "Addiction Intervention in Military Social Work", "Trauma Psychology and Crisis Intervention", "Prevention and Intervention in Military Social Work", "Resilience in Military Social Work", "Specialised Practical Training 3", "Military Social Work in International Missions", "Developing Negotiation Skills".
Dates (from – to): Name of employer: Type of business or sector: Occupation or position held: Main activities and	October 2017 – present West University of Timișoara Education Associate Lecturer, Faculty of Sociology and Psychology, Department of Social Work. Teaching activities. Courses: "Abuse and Domestic Violence:

responsibilities:	Support Services", "Diagnosis and Resolution of Social Problems", "Counselling in Social Work", "Social Work in the Probation System", "Conflict Management", "Military Social Services from an Interdisciplinary Perspective", "Trauma Psychology", "Protection of Classified Information", "Addiction Intervention in Military Social Work".
Dates (from – to):	15 October 2017 – 14 October 2018
Name of employer:	"Banat" Inspectorate for Emergency Situations of Timiș County
Type of business or sector:	Human Resources
Occupation or position held:	Acting Head of Service I, Human Resources Service
Main activities and responsibilities:	Management of the institution's human resources activities within the area of responsibility, including recruitment, personnel assessment and selection, initial and continuing training, employment, performance appraisal, career development, motivation, remuneration, personnel records and manual and automated processing of staff data; organisation and coordination of occupational health and safety activities.
Dates (from – to):	15 March 2009 – 14 October 2017
Name of employer:	"Banat" Inspectorate for Emergency Situations of Timiș County
Type of business or sector:	Psychology for Defence, Public Order and National Security
Occupation or position held:	Specialist Officer I – Psychologist
Main activities and responsibilities:	Psychological assessment of employed personnel (commissioned and non-commissioned officers, warrant officers, voluntary soldiers and enlisted personnel, contract employees and civil servants); preventive, primary and rehabilitative psychological support for all staff; psychological preparedness training for military emergency-response personnel; organisational diagnosis and scientific research.
Dates (from – to):	December 2007 – August 2020
Name of employer:	Vita Catholica Banatus Magazine
Type of business or sector:	Mass Media – Print Press
Occupation or position held:	Editor
Main activities and responsibilities:	Producing the psychologist's page and writing articles on psychological topics.
Dates (from – to):	1 September 2007 – 15 March 2009
Name of employer:	Western Technical College, Timișoara
Type of business or sector:	Psychoeducational Counselling and Support
Occupation or position held:	Psychologist (Teacher in Psychoeducational Assistance Centres and Offices)
Main activities and responsibilities:	Psychoeducational counselling and support activities; teaching.
Dates (from – to):	1 October 2007 – 15 March 2009
Name of employer:	Centre for Drug Prevention, Assessment and Counselling, Timișoara
Type of business or sector:	Educational Psychology and Education
Occupation or position held:	Coordinator of the Drug Prevention Subcentre at Western Technical

	College
Main activities and responsibilities:	Prevention activities in schools and at-risk groups; informing lower- and upper-secondary students about the risks of tobacco, alcohol and drug use; provision of educational materials; organisation of competitions on drug prevention, sex education and healthy lifestyles.
Dates (from – to):	1 September 2004 – 31 August 2007
Name of employer:	Extended Programme Kindergarten No. 53, Timișoara
Type of business or sector:	Education
Occupation or position held:	Preschool Teacher
Main activities and responsibilities:	Teaching activities.
Dates (from – to):	October 2007 – May 2008
Name of employer:	ESTERA Foundation – Counselling Centre for Women with Unplanned Pregnancies
Type of business or sector:	Educational Psychology and Education
Occupation or position held:	Voluntary - Psychologist
Main activities and responsibilities:	Providing young people with appropriate and comprehensive information on sexuality, self-understanding, developing the capacity to make mature choices about their future, building relationships, choosing healthy friendships, understanding their stage of life and maintaining physical and spiritual wellbeing.
Dates (from – to):	September 2003 – August 2004 (November 2003 – September 2004: study leave)
Name of employer:	General School No. 1, Grades I–VIII, Moțăței
Type of business or sector:	Education
Occupation or position held:	Primary School Teacher
Main activities and responsibilities:	Teaching activities.
Dates (from – to):	September 2003 – July 2004
Name of employer:	"Speranța" Educational Resources and Assistance Centre, Timișoara Educational Psychology and Education
Type of business or sector:	Educational Psychology and Education
Occupation or position held:	Voluntary (as a Psychology student)
Main activities and responsibilities:	Psychoeducational counselling and support for children with disabilities.
Dates (from – to):	March 2006 – June 2006
Name of employer:	Centre for Drug Prevention, Assessment and Counselling, Timișoara
Type of business or sector:	Educational Psychology and Education
Occupation or position held:	Voluntary (as a Psychology student)
Main activities and responsibilities:	Prevention activities in schools and at-risk groups: informing lower- and upper-secondary students about the risks of tobacco, alcohol and drug use and providing educational materials.
EDUCATION AND TRAINING	2016–2018
	"Aurel Vlaicu" University of Arad
Dates (from – to):	Two-year (2016–2018; four-semester) postgraduate complementary

Educational institution: Qualification/Diploma obtained:	professional training programme **entitled "Occupational and Organisational Psychology,** Transport and Services Psychology", for accreditation and independent professional practice in: 1. occupational and industrial-organisational psychology; 2. transport psychology and road, rail, maritime and aviation traffic safety; 3. applied psychology in services.
Dates (from – to): Educational institution: Qualification/Diploma obtained:	2014–2017 West University of Timișoara, Faculty of Sociology and Psychology, Department of Sociology **PhD in** Sociology. Doctoral thesis: "Management of Organisational Culture in Professional Emergency Services in Western Romania".
Dates (from – to): Educational institution: Qualification/Diploma obtained:	2007–2009 West University of Timișoara, Faculty of Sociology and Psychology, Psychology Programme **Master's Degree in Clinical Psychology.**
Dates (from – to): Educational institution: Qualification/Diploma obtained:	2007–2008 Babeș-Bolyai University, Cluj-Napoca, Faculty of Psychology and Educational Sciences, Psychology Programme **Postgraduate Course in Forensic Psychology.**
Dates (from – to): Educational institution: Qualification/Diploma obtained:	2007–2008 "Aurel Vlaicu" University of Arad, Faculty of Educational Sciences, Psychology and Social Work **Postgraduate Course in Special Education Psychology.**
Dates (from – to): Educational institution: Qualification/Diploma obtained:	2003–2007 West University of Timișoara, Faculty of Sociology and Psychology, Psychology Programme **Bachelor's** thesis in forensic psychology: "Attitudes of Educators Working in Prisons Towards Social Reintegration Programmes and the Re-education of Inmates".
Dates (from – to): Educational institution: Qualification/Diploma obtained:	1998–2003 "Ștefan Velovan" National College, Craiova **Baccalaureate,** Pedagogical Profile. Specialisation: Primary School Teacher–Preschool Teacher.
PROFESSIONAL SKILLS AND COMPETENCES	**Professional training in Neurofeedback** (Neurofeedback Basic Course), EEGinfo Europe certification, 20–24 November 2024. Organised by Neurofeedback România & Neurowellness SRL, official training partner of BEE Medic GmbH; **Professional training in EMDR (Eye** Movement Desensitisation and Reprocessing), Level I, organised by the Romanian EMDR Society, 8–10 March 2019, Timișoara; **Manager** certificate awarded upon completion of a course organised in November 2012 by the Association for the Promotion of Women in Romania and issued by the Ministry of Labour, Family and Social Protection and the Ministry of Education, Research, Youth and Sport; **Entrepreneurial Skills** certificate awarded upon completion of a

	course organised in November 2012 by S.C. Vertical Adventure S.R.L. and issued by the Ministry of Labour, Family and Social Protection and the Ministry of Education, Research, Youth and Sport; Licence certificate for use of the **CAS++ Platform**; Licence certificate for use of the **"Psitest Cabinet" Psychological Assessment** System; **Continuing Professional Development in "Organisational Climate Analysis",** certificate awarded upon completion of a December 2012 course organised by the National Agency for Human Resources Management Consultancy and approved by the Romanian College of Psychologists; **Certificate of independent practice as a Specialist Psychologist in "Psychology Applied to National** Security", issued **by the** Romanian College **of** Psychologists upon recommendation of the Committee for Psychology in Defence, Public Order and National Security; **Certificate of independent practice as a Practitioner Psychologist in "Transport** Psychology", issued **by the** Romanian College **of** Psychologists upon recommendation of the Committee for Occupational, Transport and Services Psychology; **Certificate of practice under supervision as a Practitioner Psychologist** in "Clinical Psychology", **issued** by the Romanian **College of** Psychologists upon recommendation of the Committee for Occupational, Transport and Services Psychology; **Continuing Professional Development in "Cognitive-Behavioural Interventions",** certificate awarded upon completionfa June 2007 course organised by the Romanian College of Psychologists and the Romanian Association for Cognitive and Behavioural Psychotherapies; **Human Resources Inspector** certificate awarded upon completion of a course organised in April 2006 by the Timișoara Regional Business Centre and issued by the Ministry of Labour, Social Solidarity and Family and the Ministry of Education, Research and Youth; Certificates o f Professional Competence for teaching **Religious Education** and **French, obtained** following the 2003 examination (organised at "Ștefan Velovan" National College, Craiova) and issued by the Ministry of Education, Research and Youth.
PARTICIPATION IN CONFERENCES AND WORKSHOPS	Symposium marking Romanian Firefighters' Day, organised by the "Banat" Inspectorate for Emergency Situations of Timiș County and Aquatim, 10 September 2026; presented the paper "Doing Good, Feeling Good? Psychological Perspectives on Voluntary and Charitable Behaviour: The Impact of Prosocial Engagement on

	Emotional Wellbeing"; 5th International Conference "Education in the Digital Era", 23–24 July 2026, Galați, Romania; delivered a presentation entitled "Professional Development of University Teachers through the Design of Immersive Learning Experiences to Develop Intervention Skills in Military Social Work"; https://univ-danubius.ro/news/conferinta-internationala-educatia-in-era-digitala-editia-a-v-a Participated in the training course "The Impact of Stress and Psychological Trauma on Human Functioning in the Context of OCSEA/CSAM", 27–28 June 2026 (16 hours), within the project "MindShield: Strengthening Mental Health and Resilience among Romanian Professionals Involved in Investigating Online Child Sexual Exploitation and Abuse (OCSEA)", funded by Seif Online and implemented by the Association for Victims of Sexual Offences in partnership with the International Centre for Missing and Exploited Children (ICMEC), with expertise provided by the Institute for the Study and Treatment of Trauma. Certificate of Participation No. 2071/06.07.2026. 3rd Congress of Emergency and Disaster Medicine with International Participation, 3–6 June 2026, Târgu Mureș, Romania; delivered the presentation "The Human Factor in the Survival Equation: The Psychological Dimensions of Intervention in Crisis and Disaster Contexts – Difficulties Encountered by Operational Personnel, Decision-Making Mechanisms in High-Pressure Environments and Directions for Supporting Mental Health among Frontline Professionals". https://congrems.ro/programme/#cp-days Symposium marking Romanian Firefighters' Day, organised by the "Banat" Inspectorate for Emergency Situations of Timiș County and Aquatim, 24 February 2026; presented "How Is Our Mental Health? Psychological Intervention and Military Social Work: Between Need and Reality"; Symposium marking Romanian Firefighters' Day, organised by the "Banat" Inspectorate for Emergency Situations of Timiș County and Aquatim, 11 September 2025; presented "The Game That Burns Within: Gambling Addiction as a Psychological and Social Phenomenon"; National Military Conference on Behavioural Sciences with International Participation, on "Military Psychology: From Uncertainty to Ethical and Professional Challenges", organised by the Military Psychology Society, 22–23 May 2025, National Military Circle; 14th National Psychology Symposium of the Romanian Police, "Psychological Security in the Digital Era: A Multidisciplinary

	Approach", organised on 28–29 May 2025 by the Psychosociology Service of the General Inspectorate of the Romanian Police, at the Cultural Centre of the Ministry of Internal Affairs; Online course "Assessment of Substance Use Disorders", 28–29 November 2024, for psychologists employed by the Ministry of Internal Affairs; organised by the Ministry's Psychosociology Centre, professional approval No. 245/0909.2024; Workshop "Developing of a Joint Protocol and Joint Cooperation Plan", within the INTERREG IPA CBC Romania–Serbia 2021–2027 Cross-Border Cooperation Programme, project "A More Secure Cross-Border Area by Enhancing the Emergency Response Capability", RORS00005-COOP, 8–10 October 2024, Zrenjanin, Serbia; Symposium marking Romanian Firefighters' Day, organised by the "Banat" Inspectorate for Emergency Situations of Timiș County and Aquatim, 10 September 2024; presented "Military Social Work"; Workshop "Developing of a Joint Protocol and Joint Cooperation Plan", within the INTERREG IPA CBC Romania–Serbia 2021–2027 Cross-Border Cooperation Programme, project "A More Secure Cross-Border Area by Enhancing the Emergency Response Capability", RORS00005-COOP, 9–11 July 2024, Pančevo, Serbia; 8th European Civil Protection Forum; speaker at the workshop "How to Support Psychological Recovery and Occupational Mental Health in Fire and Rescue Services". The breakout session on psychological support examined two Romanian case studies: the Colectiv nightclub fire and search-and-rescue missions carried out by Romanian personnel after the devastating earthquake in Türkiye. Brussels, Belgium, 4–5 June 2024; Civil Protection Day Symposium, organised by the "Banat" Inspectorate for Emergency Situations of Timiș County and Aquatim, 27 February 2024; presented "READING – A Therapeutic Refuge for Individuals and Society, a 'Medicine' That Can Be Taken Long-Term without Side Effects"; Online course "The Psychodiagnostic and Clinical Assessment Report: Challenges and Limitations", 11 and 18 December 2023, for psychologists of the Ministry of Internal Affairs, organised by the Ministry's Psychosociology Centre; National Scientific Communications Conference "Educational Challenges in the 21st Century", organised by Tibiscus University of Timișoara on 28 November 2023; Workshop "Critical Incident Stress Management", within the Disaster Preparedness and Prevention Initiative for South Eastern Europe (DPPI SEE), 14–16 November 2023, Ljubljana, Slovenia;

	17th International Congress “Modern Research in Psychology”, Sibiu, 15–19 November 2023; Working meeting within the cross-border project “ROHU72 – Cross-Border Network for Improving Response Capability and Emergency Risk Management” (INTERREG V-A Romania–Hungary 2014–2020 Programme, CBN), Mórahalom, Hungary, 8 November 2023; Tactical exercise within Project RORS218 “Joint Monitoring of Emergency Risks in the Cross-Border Cooperation Area” (INTERREG IPA CBC RO–RS / Priority Axis 2 / Specific Objective 2.2 / CALL2 / 24.04.2028), Kikinda, Serbia, 20–21 September 2023; Tactical exercise within Project RORS218 “Joint Monitoring of Emergency Risks in the Cross-Border Cooperation Area” (INTERREG IPA CBC RO–RS / Priority Axis 2 / Specific Objective 2.2 / CALL2 / 24.04.2028), Zrenjanin, Serbia, 15–16 June 2023; Civil Protection Day Symposium, organised by the “Banat” Inspectorate for Emergency Situations of Timiș County and Aquatim, 27 February 2023; presented “First-Aid Measures for a Panic Attack”; 18th International Conference “Risk and Safety Engineering”, Kopaonik, Serbia, 9–13 January 2023; presented “Study on the Evolutionary Influence of the Degree of Technical Endowment on the Efficiency of Emergency Prevention and Management Actions”; Workshops organised by the Managing Authority of the INTERREG IPA Romania–Serbia Programme (2021–2027), Smederevo and Kladovo, Serbia, 17 and 24 November 2022; National Military Conference on Behavioural Sciences with International Participation, theme “Psychological Support in Crisis Situations: Risks and Opportunities”, Bucharest, 13–14 October 2022; Symposium marking Romanian Firefighters’ Day, organised by the “Banat” Inspectorate for Emergency Situations of Timiș County and Aquatim, 14 September 2022; presented “Continuing Professional Development within ISU Timiș and Its Psychological Benefits”; Webinar “Distinguishing Complex PTSD from Personality Disorders (Borderline): Diagnostic Implications”, online, 28 May 2021; 16th APAR Conference “Psychological Restructuring in Crisis”, online, 12–16 May 2021; Civil Protection Day Symposium, organised by Aquatim, 28 February 2021; presented “Solidarity and Proximity for Health”; 14th International Congress “Modern Research in Psychology”, Sibiu, 19–22 November 2020;

	Civil Protection Day Symposium, organised by Aquatim, 28 February 2020; presented "Post-Traumatic Stress Management"; 10th International Symposium "Universe of Sciences" (organising institutions: the Faculty of Economics and European Business Administration and the Faculty of Physics of "Alexandru Ioan Cuza" University of Iași; the Faculty of Visual Arts and Design of "George Enescu" University of Arts, Iași; the Faculty of Law of Moldova State University; the Faculty of Law of "Constantin Stere" University of European Political and Economic Studies, Republic of Moldova; and the "Vasile Pogor" Cultural and Scientific Association, Iași), 15 December 2019, Iași; presented "Management Tools for Ensuring the Quality of Military Firefighters' Missions in Timiș County"; International Conference "A Partnership for Change: Reducing Work-Related Stress and Violent Emotions", Bucharest, 8 August 2019; 13th International Congress "Modern Research in Psychology", Sibiu, 15–17 November 2019; 3rd International Conference "Security Challenges in the Balkans", organised by the New Strategy Center and West University of Timișoara, Timișoara, 15 October 2019; Symposium marking Romanian Firefighters' Day, organised by Aquatim, 17 September 2019; presented "Promoting and Preventing Mental Health Problems in the Workplace: A Priority for Professional Emergency Services"; 6th National Educational Research Conference – CERED 2019, "Research in the European Educational Area", Timișoara, 17–18 July 2019; National Military Conference on Behavioural Sciences with International Participation, Bucharest, 29–30 May 2019; 12th International Congress "Modern Research in Psychology", Sibiu, 16–18 November 2018; Workshop "Psychological Intervention in Acute Trauma", Timișoara, 19 May 2018; 8th International Symposium "Universe of Sciences" (organising institutions: the Faculty of Economics and Business Administration and Faculty of Physics of "Alexandru Ioan Cuza" University of Iași; Faculty of Visual Arts and Design of "George Enescu" University of Arts, Iași; Faculty of Law of Moldova State University; Faculty of Law of "Constantin Stere" University of European Political and Economic Studies, Republic of Moldova; and the "Vasile Pogor" Cultural and Scientific Association, Iași), 22 October 2017, Iași; presented "Organisational and Cultural Development of Professional Emergency

	Services in Western Romania"; 9th National Conference "From Knowledge to Intervention in Psychology", 13–17 September 2017, Venus (Constanța), Romania; International Conference "Social Inclusion and Equal Opportunities – SIEO 2016", organised by the Departments of Sociology and Social Work at West University of Timișoara (Romania) and the Faculty of Social Sciences at Nordland University, Bodø (Norway), 26–28 October 2016, Timișoara, Romania; presented "The Motivation of Change" (jointly with Associate Professor Dr Mihaela Alida Tomiță) and "Acceptance of Military Females in Professional Emergency Services in Western Romania"; Training programme "Elements of Psychotraumatology in Cases of Severe Trauma (Torture and Other Inhuman and Degrading Treatment)", delivered by Dr Radu Teodorescu and organised by the ICAR Foundation, 5–6 October 2016, at the European Public Space (European Commission Representation in Romania), Bucharest, Romania; 7th International Symposium "Universe of Sciences" (organising institutions: Faculty of Economics and Business Administration and Faculty of Physics of "Alexandru Ioan Cuza" University of Iași; Faculty of Visual Arts and Design of "George Enescu" University of Arts, Iași; Faculty of Law of Moldova State University; Faculty of Law of "Constantin Stere" University of European Political and Economic Studies, Republic of Moldova; and "Vasile Pogor" Cultural and Scientific Association, Iași), 17 September 2016, Slănic Moldova; presented "Current Models of Strong Organisational Cultures"; 8th International Psychology Conference "From Knowledge to Intervention in Psychology" (participated in two workshops: "The Psychological Report from Theory to Practice: Case Studies", led by Principal Psychologist Daniela Hiera; and "Selection and Psychological Assessment in Transport: Instruments, Profiles and Interpretation", led by Dr Mihai Aniței and Dr Mihaela Chraif), 8–11 June 2016, Venus (Constanța), Romania; World LUMEN Congress 2016 – Logos Universality Mentality Education Novelty, 15th Anniversary Edition, 12–17 April 2016, Iași, Romania; presented the poster and paper "Overview of Organisational Culture in Professional Emergency Services in Timiș County"; 5th International Conference "Multidisciplinary Perspectives in the Quasi-Coercive Treatment of Offenders – Probation as a Field of Study and Research: From Person to Society", SPECTO 2016, 31 March–1 April 2016, Timișoara, Romania; presented "The Motivation of Change"; Two-month transnational doctoral research and documentation mobility

	at the University of Szeged, Hungary, 15 October–15 December 2015 (under project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level" – CDocMD, July–December 2015); International Conference "Advanced Research and Multidisciplinary Dialogue in the Third Millennium", organised by the University of Szeged, "Juhász Gyula" Faculty of Education, Department of Romanian Language and Literature, 26–27 November 2015, Szeged, Hungary; presented "A Documentary Study of the Characteristic Features of Core Cultural Dimensions in Professional Emergency Services in Timiș County" (acknowledging project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level"); Conference held at Cheile Grădiștei, 20–23 October 2015, under project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level" (CDocMD); presented "Specific Features of the Organisational Culture of Professional Emergency Services in Timiș County from the Perspective of Geert Hofstede's Interpretative Framework"; National Top Networking Event "Empower Women Managers", organised by the Association for the Promotion of Women in Romania (APFR), Timișoara, 24–25 October 2015; International Conference "Development and Economy", Kalamata, Greece, 2–4 October 2015, on "The Advantages and Disadvantages of Economic Crises"; presented "Interference of Work Satisfaction and Organizational Culture". https://www.scribd.com/document/381322770/Conference-Schedule 6th International Symposium "Universe of Sciences" (organising institutions: Faculty of Economics and Business Administration and Faculty of Physics of "Alexandru Ioan Cuza" University of Iași; Faculty of Visual Arts and Design of "George Enescu" University of Arts, Iași; Faculty of Law of Moldova State University; Faculty of Law of "Constantin Stere" University of European Political and Economic Studies, Republic of Moldova; and "Vasile Pogor" Cultural and Scientific Association, Iași), 6 September 2015; presented "Organisational Culture Management"; 2015 International Conference "Young Researchers in the Social Sciences"; presented "Documentary Regarding the Particularities of Organizational Culture at the Level of the Professional Emergency Service in the County of Timiș"; organised by the Doctoral School of Sociology and Philosophy and Department of Sociology, Faculty of Sociology and Psychology, West University of Timișoara; co-organised by Timiș County Council and APSES (Association of Practitioners and Specialists in Social Economy), Timișoara, 21–22 May 2015; National Symposium "Healthy Work Environment: Balance for People

	and Organisations" (presented "Organisational Culture as a Management Tool for Ensuring a Quality Work Environment" and "Safety Culture"), organised by the Psychosociology Centre of the Ministry of Internal Affairs, Timișoara Territorial Border Police Inspectorate and Romanian College of Psychologists, Drobeta-Turnu Severin, 28–29 May 2015; National Symposium "Modern Management: Between Psychodiagnostic Criteria and Performance Criteria" (workshops "Item Response Methods in Psychological Assessment" and "Managing Psychosocial Risks in Public Order and Safety through an Early Warning System for Emerging Maladaptive Behaviours"), organised by the Psychosociology Centre of the Ministry of Internal Affairs, Timișoara Territorial Border Police Inspectorate and Romanian College of Psychologists, Drobeta-Turnu Severin, 27–28 June 2013; International Psychology Congress "Modern Research in Psychology", organised by the Sibiu Association for Qualitative and Intercultural Studies in Psychology and the Romanian College of Psychologists, Sibiu, 2011, 2012, 2013, 2014 and 2015; presented papers; International Symposium "Identification and Treatment of Psychological Trauma: Recommendations and Case Studies. Assessment of Resilience and Risk of Post-Traumatic Problems Following Emergencies", organised by the Psychosociology Centre of the Ministry of Internal Affairs, the European Network for Traumatic Stress and the Romanian College of Psychologists, Bucharest, October 2012; International Psychology Congress "Prospects for Research and Treatment in Psychology: Identity, Reciprocity and Gift of Self", organised by Psicologia e Comunione, Castel Gandolfo (Rome), Italy, May 2012; Workshop organised by the Timișoara Centre for Applied Psychology, 13–14 February 2010: "Psychological Assistance for Personnel in Defence, Public Order and National Security"; Scientific Communications Session organised by the Institute for Public Order Studies, "Alexandru Ioan Cuza" Police Academy and Ministry of Administration and Internal Affairs, 19–20 October 2009: "Performance Standards in Career Development: Priorities and Opportunities"; Grundtvig Action – Individual Continuing Training Mobility for Staff Involved in Adult Education, Fontainebleau–Paris, 5–9 December 2008; training title "All Different, All Unique"; participation funded by a EUR 1,250 grant under the European Community-funded Lifelong Learning Programme – Grundtvig; Workshop organised by "Vicențiu Babeș" School (Grades I–VIII),

	Timișoara, 2 February 2007: "Ways to Facilitate the Transition from One Educational Stage to Another"; "European Mobility Week", organised by the Timiș Environmental Protection Agency and Timișoara Regional Environmental Protection Agency (16–22 September 2006); delivered activities in several schools in Timișoara promoting environmental protection among young people; Workshop organised by West University of Timișoara in cooperation with specialists from the Netherlands, April 2006: "Introduction to Haptonomy"; Workshop organised by West University of Timișoara, April 2005: "Organisational Psychology: Personnel Selection and Recruitment"; International Symposium "Contemporary Education within a European Framework", Lugoj, November 2005; presented "Ensuring the Quality of Learning as a Result of Practical Activities".
PERSONAL SKILLS AND COMPETENCES **MOTHER TONGUE** OTHER LANGUAGES European level (*) **FRENCH** **ENGLISH**	ROMANIAN

Understanding				Speaking				Writing	
Listening		Reading		Part. in the conv		Spoken produ ction		Writing	
B2	U. Ind.	B2	U. Ind.	B2	U. Ind.	B2	U. Ind.	B2	U. Ind.

Understanding				Speakin g				Writing	
Listening		Reading		Part. in the conv		Spoken produ ction		Writing	
A2	U. Elm.	A2	U. Elm.	A2	U. Elm.	A2	U. Elm.	A2	U. Elm.

(*) Common European Framework of Reference for Languages

SOCIAL SKILLS AND COMPETENCES:	Participation in various teams, ranging from research teams (e.g., project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level" – CDocMD), teams implementing projects funded by non-reimbursable external grants, sports teams (caving, karate, Decathlon Team Edition, 21 September 2019 – Hero Team, Ultimate Smartfit Challenge), and the founding team of a nationally pioneering

	Master's programme at the West University of Timișoara; Computer skills: Windows operating systems (XP, 7, 8, 8.1), MS Office (2003, 2007, 2010), SPSS; Diploma of Excellence and First Prize at the 7th International "Universe of Sciences" Symposium (Slănic Moldova) for the paper "Current Models of Strong Organisational Cultures"; Member of the Elite Students Club at the West University of Timișoara; Diploma of Excellence awarded by the Chief Inspector of the "Banat" Inspectorate for Emergency Situations of Timiș County on the 80th anniversary of Civil Protection in Romania, in recognition of activities within the institution and the other three affiliated territorial units; Letter of Appreciation from the Institution of the Prefect of Timiș County (February 2021) for psychological assessment missions; First Prize at the 10th International "Universe of Sciences" Symposium (Iași), for the paper "Management Tools for Ensuring the Quality of Military Firefighters' Missions in Timiș County", 15 December 2019; First Prize for promoting science, culture and the arts in Romania, the United Kingdom, the Republic of Moldova and worldwide, at the 8th International "Universe of Sciences" Symposium (Iași), for "Organisational and Cultural Development of Professional Emergency Services in Western Romania", 22 October 2017; First Prize at the 6th International "Universe of Sciences" Symposium (Iași), for the paper "Organisational Culture Management", 6 September 2015; Maximum score (100 points) at the Doctoral Researcher Gala under project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level" (CDocMD), ID 155559, July–December 2015 (including a RON 15,000 prize); First Prize, county stage, 2000 Psycho-Pedagogy Olympiad; Honourable Mention, national stage, 2000 Psycho-Pedagogy Olympiad.
Honours and decorations	Certificate of Honour: "Emblem of Honour of the Ministry of Internal Affairs", awarded on 16 May 2026, Ministry of Internal Affairs Day, in appreciation of activities undertaken and results achieved.

ARTISTIC SKILLS AND COMPETENCES	Piano skills
PUBLICATIONS	- Vastag, I. (2026). Professional development of university teachers through the design of immersive learning experiences to develop intervention skills in military social work. Didactica Danubiensis, Vol. 6, No. 2 (2026). https://dj.univ-danubius.ro/index.php/DD/issue/view/251 - Vastag, I., & Tomiță, M. (2026). The Experiences of the Discreet Heroes of Emergency Situations within Two Structures in Western Romania and Eastern France Using Resilience as a Moderator of Burnout. Social Work Review / Revista de Asistență Socială, (1). https://openurl.ebsco.com/EPDB%3Agcd%3A2%3A21233426/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A192162048&crl=c&link_origin=scholar.google.com - Vastag, I. (2023). Organisational Culture of Residential Institutions for Older People. In Social Work with Older People in Residential Institutions, edited by Cosmin Goian. Iași: Polirom Publishing House. ISBN978-973-46-9595-9. https://drive.google.com/file/d/1__uhwY9o7No45Y94cJk1an85SIqV8Suy/view?usp=drive_link - Vastag, I., Stratulat, I., Mnerie, D., & Mihoc, L. V. (2023). Study of the Evolutionary Influence of the Degree of Technical Endowment on the Efficiency of Emergency Prevention and Management Actions. Proceedings of the International "Risk and Safety Engineering" Conference, Kopaonik, Serbia; http://www.rizik.vtsns.edu.rs/RSE_2023/radovi/BZNR_19.pdf - Vastag, I., & Tomiță, M. (2022). Education of Professional Emergency Services Workers. Society and Politics, 14(2/28), November 2022. https://socpol.uvvg.ro/docs/2020-2/3.%20Tomita%2C%20Vastag.pdf - Vastag, I. (2021). The Influence of the Particularities of Manifestation in the Communicative Act on the Perception of Organizational Culture within the Professional Emergency Services. Scientific Bulletin o n the ILEAnet project platform; - Vastag, I. (2019). Management Tools for Ensuring the Quality of Military Firefighters' Missions in Timiș County. Proceedings of the 10th International Symposium "Universe of Sciences", 15 December 2019, Iași, Romania; - Vastag, I., & Tomiță, M. (2018). Interference of Work Satisfaction and Organizational Culture. Social Work Review, (1), 79–88. https://www.proquest.com/docview/2023975151?pq-

	origsite=gscholar&fromopenview=true&sourcetype=Scholarly%20Journals - Vastag, I. (2017). Organisational and Cultural Development of Professional Emergency Services in Western Romania. Proceedings of the 8th International Symposium "Universe of Sciences", 22 October 2017, Iași, Romania; - Vastag, I. (2017). Organisational Culture: An Essential Element That Guides Life in an Organisation. Information and Documentation Bulletin. Ministry of Internal Affairs Publishing House, No. 2/2017; - Vastag, I. (2016). Acceptance of Military Females in Professional Emergency Services in the Western Part of Romania. Proceedings of the International Conference "Social Inclusion and Equal OpportunitiesSOCIAL INCLUSION –AND EQUAL OPPORTUNITIES – SIEO 2016 SIEO 2016" (Filodiritto Publisher – International Proceedings), 26–28 October 2016, Timișoara, Romania, pp. 329–336. ISBN 978-88-95922-74-4; - Vastag, I., & Tomiță, M. (2016). The Motivation of Change. Proceedings of the International Conference "Social Inclusion and EqualSOCIAL INCLUSION AND EQUALOPPORTUNITIES – SIEO 2016 Opportunities – SIEO 2016" (Filodiritto Publisher – International Proceedings), 26–28 October 2016, Timișoara, Romania, pp. 337–342. ISBN 978-88-95922-74-4; - Vastag, I. (2016). Current Models of Strong Organisational Cultures. Proceedings of the 7th International Symposium "Universe of Sciences", 17 September 2016, Slănic Moldova, Romania; - Vastag, I. (2016). Overview of Organizational Culture in Professional Emergency Services in Timiș County. Poster and paper presented at World LUMEN Congress 2016 – Logos Universality Mentality Education Novelty, 15th Anniversary Edition, 12–17 April 2016, Iași, Romania. https://d1wqtxts1xzle7.cloudfront.net/83309532/bd802ad3bb71cd70cc70c8dd700aa9ab43d1-libre.pdf - Vastag, I., & Tomiță, M. (2015). Documentary Regarding the Particularities of Organizational Culture at the Level of the Professional Emergency Service in the County of Timiș (which mentions the project POSDRU/187/1.5/S/155559 in the Acknowledgments). In Marius Vasiluță Ștefănescu (Ed.), Social Research: Practice and Theory. Bucharest: Pro Universitaria, pp. 525–538. ISBN 978-606-26-0319-9; - Vastag, I. (2015). Organisational Culture Management. Proceedings of the 6th International Symposium "Universe of Sciences", Year VI, No. 6, 6 September 2015, Iași, Romania, pp. 398–402. ISSN 2285-8407. Published by PIM Publishing House, Iași, CNCSIS-accredited,

	Code 66/2010; - Vastag, I. (2015). The Culture of the Military Institution in Timișoara Specialised in Firefighting and Response to Natural Disasters and Catastrophes: A Product of Its Distinct Historical Evolution (acknowledging project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level"). Analele Banatului, New Series, Archaeology–History, Modern and Contemporary History, XXIII, pp. 399–412. ISSN 1221-678X. https://biblioteca-digitala.ro/reviste/Analele-Banatului/23-Analele-Banatului-arheologie-istorie-XXIII_2015_400.pdfhttps://biblioteca-digitala.ro/reviste/Analele-Banatului/23-Analele-Banatului-arheologie-istorie-XXIII_2015_400.pdf - Vastag, I. (2015). Considerations Regarding the Management of Organizational Culture at the Level of Professional Emergency Services in Western Romania (acknowledging project POSDRU/187/1.5/S/155559 "Competitive Multidisciplinary Doctoral Research at European Level"). Studia UBB Philosophia, 60(2), pp. 113–130. Print ISSN 1221-8138; Online ISSN 2065-9407; ISSN-L 1221-8138. https://www.researchgate.net/publication/282155930_Studia_Universitatis_Philosophia_Building_democracy_transition_and_consolidation_patterns_in_post-communist_Romania/page114 - Vastag, I. (2015). Cultural Needs (acknowledging project POSDRU/187/1.5/S/155559). Vita Catholica Banatus, Year XXI, No. 12 (257), p. 18. ISSN 1454-1025; - Vastag, I. (2015). The Influence of Communication Style on the Perception of Organizational Culture within Professional Emergency Services from Banat. In Prospecting Advanced Research in Health, Education and Social Sciences, edited by Marius Milcu, Robert E. Wubbolding and Ines Testoni. Bucharest: Editura Universitară. https://ascip.ro/continut/2015/en2015.pdf - Vastag, I. (2015). Cultural Adaptation. Vita Catholica Banatus, Year XXI, No. 2 (247), p. 18; -Vastag, I., & Tomiță, M. (2014). Applying the OCAI Model of the Organizational Culture Assessment Instrument in the "Banat" Inspectorate for Emergency Situations of Timiș County. European Review of Applied Sociology, 7(9), pp. 34–43; - Vastag, I. (2014). The Typicality of Organizational Culture at the Level of Professional Emergency Services in Western Romania. In Modern Research in Health, Education and Social Sciences, edited by Marius Milcu, Wubbolding E. Robert, Testoni Ines. Bucharest: University Publishing House, pp. 187–200. https://ascip.ro/continut/2014/en2014.pdf

	- Vastag, I. (2013). Chapter "Management of Human Resources Diversity in Institutions of the Ministry of Internal Affairs". In Modern Management in National Security Institutions: Theoretical and Applied Psychological Aspects at Organisational Level. Bucharest: Detectiv Publishing House, pp. 127–144. ISBN 978-973-1857-68-8; - Chapters "Art Therapy: Developing Pupils' Personality as a Priority for Quality Education" and "My Steps into the World of Construction", in Steps Towards Quality Education. Timișoara: Aegis Publishing House, 2009; - Article "Pronunciation Exercises: An Important Factor in Stimulating Correct Expression", Timiș Preschool Education Review, No. 3/2007; - Article "Developing Creativity in Preschool Children", Timiș Preschool Education Review, No. 1/2006; - Articles in Luceafărul Magazine: Poems and Translations into/from French; - Produced the Psychologist's Page in Vita Catholica Banatus Magazine. https://gerhardus.ro/vita-catholica-banatul/
MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS	International Police Association (since 2009) "Solidarity Without Borders" Association (since 2009) Romanian Firefighters' Association (since 2009) Romanian College of Psychologists (since 2008)
HOBBIES	Fiction. Cycling. Swimming. Travelling.